

**Sant Gadge Baba Amravati University, Amravati      Appendix - A1478**  
**Faculty: Inter-Disciplinary Studies**

**Three Years- Six Semesters Programme: Bachelor of Arts With Major : Yogashastra (673) – NEP-v24**

**Year – First Semester-I**

Sr. No	Vertical No.	NEP Vertical Type	Course Code	Name of Course /Subject	Teaching Scheme Hours			Learning		Teaching Work Loa Hours	
					L	T	P	Total Hours	Credits		
** INDUCTION PROGRAM BEFORE THE START THE CLASSES AS PER GUIDELINES OF THE UNIVERSITY											
1	(a & b)	Major and Minor (Theory)	673200	DSC I (T) Basic Principles of Yoga - I	2	-		2	2	2	Lecture, Tutorial and Credit +1 if Practical are not Prescribed
			673201	DSC II (T) Applications of Yoga -I	2	-		2	2	2	
			673202	DSC III (T) Yogic Sukshma Vyayam-I	2	-		2	2	2	
2	(a & b)	Major and Minor (Practical)	673203	DSC I (P) Practical of Yogic Practices - I		-	2	2	1	2xNo.of batches	If applicable
			673204	DSC II (P) Common Yoga Protocol		-	2	2	1	2xNo.of batches	
			673205	DSC III (P) Practical of Yogic Sukshma Vyayam-I		-	2	2	1	2xNo.of batches	
3	e	iAEC	673206	English Language	2	-	-	2	2	2	
			673207	Second Language/MIL	2	-	-	2	2	2	
		iiAEC	673208	Generic IKS	1	-	-	1	1	1	
4	d	Vocational and Skill Enhancement Courses(VSEC)	673209	i. (SEC) Life Skills I Communication Skills in English	-	-	2	2	1	2xNo.of batches	
			673210	Communication Skills in Second Language/ MIL	-	-	2	2	1	2xNo.of batches	

5	c	Generic/Open Elective (OE)	673211	OE1 Student have to choose from the basket provided by different faculty/ same faculty/ Mook	2	-	-	2	2	2	
			673212	OE2 Student have to choose from the basket provided by different faculty/ same faculty/ Mook	2	-	-	2	2	2	
6	f	Co-Curricular Courses		Fostering Social Responsibility and Community Engagement(NSS/UBA/NCC)	1	-	-	1	1	1	
				Field Work-Fostering Social Responsibility And Community Engagement (NSS/UBA/NCC)	-	-	2	2	1	2 (One Batch)	
				<b>TOTAL</b>				28+Induction Programme	<b>22</b>		

**L: Lecture, T: Tutorial, P: Practical/Practicum**

**Total Credits offered : 22(Max), Total credits to be earned : 20 (Min)**

**Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Modern Indian Language : MIL, Indian Knowledge System : IKS, Inter Faculty Specific Core: IFSC, Inter Faculty Specific Elective: IFSE, Theory :Th, Practical/Practicum: Pr, Environment Studies: ES, Pre-requisite Course mandatory if applicable: Prq, Laboratory: Lab, Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses: VSEC; Vocational Skill Courses: VSC; Skill Enhancement Courses: SEC; Ability Enhancement Courses: AEC; Value Education Courses: VEC; OJT: On Job Training; Internship/ Apprenticeship; Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP**

Note : Co-curricular Courses : In addition to the above, CC also include but not limited to Academic activities like paper presentations in conferences, Aavishkar, start-ups, Hackathon, Quiz competitions, Article published, Participation in Summer school/Winter School/Short term course, Scientific Surveys, Societal Surveys, Field Visits, Study tours, Industrial Visits, yoga, sports, cultural, etc. These activities can be completed cumulatively during **Semester III, IV, V and VI. Its credits and grades will be reflected in semester VI credit grade report.**

**Elective Courses : Courses to be selected from the Basket of Courses provided by the University**

\*If the Department Specific Courses do not have practical/practicum/laboratories, the learning hours & Credits shall be used for the respective Theory Courses.

\*\*Completion Certificate of Induction Programme should be submitted by each student.

\*\*\*O.E.-

1. OE is to be chosen compulsorily from faculty other than that of the Major

2. For those students who do not opt MARATHI language under any vertical, MARATHI will be mandatory as one of the options of OE/. (G.R. Marathi Bhasha No. 2018/pr.kr.50/bhasha-1, Date 14 March,2024).

Teaching Days and Learning	Learning Hours & Credits	Teaching Hours & Work Load
<b>Minimum No. of teaching days 90</b> <b>Minimum Learning weeks per Semester = 17</b> <b>(Minimum Learning Hours per Semester (NCrF) = 600)</b> <b>Minimum Learning Hours per week (NCrF) = 600/18 or 600/11 =33 to 35</b>	<b>For Theory/Tutorial - 1 Hour</b> <b>1 Credit</b> <b>For Practical - 2 Hours= 1</b> <b>Credit</b>	<b>For Theory-1 Hour= 1 Hour Work Load</b> <b>For Tutorial - 1 Hour = 1 x No. of batches</b> <b>work load and practical 2 Hour=2xNo.of batches work load</b>

Note:

The strength of the batch of the Practical for UG Classes shall be 16 with an addition of 10% with the permission of Hon'ble Vice Chancellor. However, for Music Discipline the batch size shall be of 7 students. The number of the students required to constitute a batch or calculate the workload shall be in accordance with the relevant Government Resolution in force at the time, applicable to specific time, region, course type, mode of instruction, and other pertinent factors.

**Sant Gadge Baba Amravati University, Amravati      Appendix - A1480**  
**Faculty: Inter-Disciplinary Studies**

**Three Years- Six Semesters Programme: Bachelor of Arts With Major : Yogashastra (673) – NEP-v24**

**Year – First Semester-II    Level: 4.5**

Sr. No	Vertical No.	NEP Vertical Type	Course Code	Name of Course/Subject	Teaching Scheme Hours			Learning		Teaching Work Loa Hours	
					L	T	P	Total Hours	Credits		
** INDUCTION PROGRAM BEFORE THE START THE CLASSES AS PER GUIDELINES OF THE UNIVERSITY											
1	(a & b)	Major and Minor (Theory)	673213	DSC I (T)    Basic Principles of Yoga - II	2	-		2	2	2	Lecture, Tutorial and Credit +1 if Practical are not Prescribed
			673214	DSC II (T)    Applications of Yoga –II	2	-		2	2	2	
			673215	DSC III (T)    Yogic Sukshma Vyayam-II	2	-		2	2	2	
2	(a & b)	Major and Minor (Practical)	673216	DSC I (P)    Practical of Yogic Practices -II		-	2	2	1	2xNo.of batches	If applicable
			673217	DSC II (P)    Meditation		-	2	2	1	2xNo.of batches	
			673218	DSC III (P)    Practical of Yogic Sukshma Vyayam-II		-	2	2	1	2xNo.of batches	
3	e	iAEC	673219	English Language	2	-	-	2	2	2	
			673220	Second Language/MIL	2	-	-	2	2	2	
		iiAEC	673221	Generic IKS	1	-	-	1	1	1	
4	d	Vocational and Skill Enhancement Courses(VSEC)	673222	i. (SEC)Life Skills I Communication Skills in English	-	-	2	2	1	2xNo.of batches	
			673223	Communication Skills in Second Language/ MIL	-	-	2	2	1	2xNo.of batches	

5	c	Generic/Open Elective (OE)	673224	OE3 Student have to choose from the basket provided by different faculty/ same faculty/ Mook	2	-	-	2	2	2	
			673225	OE4 Student have to choose from the basket provided by different faculty/ same faculty/ Mook	2	-	-	2	2	2	
6	f	Co-Curricular Courses		Fostering Social Responsibility and Community Engagement(NSS/UBA/NCC)	1	-	-	1	1	1	
				Field Work-Fostering Social Responsibility And Community Engagement(NSS/UBA/NCC)	-	-	2	2	1	2 (One Batch)	
				<b>TOTAL</b>				28+ assessment +Report Writing hrs =33 to 35	<b>22</b>		

**Student can Choose any 3 from DSC Theory and Practical.**

L:Lecture , T: Tutorial ,P: Practical / Practicum

Total Credits Offered : 22(Max), Total credits to be earned :20

Discipline Specific Core: DSC, Discipline Specific Elective: DSE, Modern Indian Language: MIL, Indian Knowledge System: IKS, Inter Faculty Specific Core: IFSC, Inter Faculty Specific Elective: IFSE, Theory: Th, Practical/Practicum: Pr, Environment Studies: ES, Pre- requisite Course mandatory if applicable: Prq, Laboratory: Lab, Generic/Open Elective Courses: OE; Vocational Skill and Skill Enhancement Courses: VSEC; Vocational Skill Courses: VSC; Skill Enhancement Courses: SEC, Ability Enhancement Courses: AEC; Value Education Courses: VEC, OJT: On Job Training: Internship/ Apprenticeship, Field projects: FP; Community engagement and service: CES; Co-curricular Courses: CC; RM: Research Methodology; Research Project: RP

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**Theory Courses.**

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